

PRIVATE INSURANCE PLANS

- Aetna - All Plans
- Ambetter
- Arizona Care Network (ACN)
- Banner Aetna
- BCBS - All Plans (Except Medicare Advantage)
- Cigna - All Plans
- Devoted Health
- Equality Health Network (EHN)
- Evernorth - All Plans
- Health Net
- Humana
- Humana Gold Plus
- Imperial Health Plan
- Magellan
- Medicare
- Medica
- Multiplan / PHCS
- Optum - All Plans
- Prospect Medical
- Tricare
- TriWest
- UHC - All Plans
- UMR

AHCCCS PLANS

- Allwell
- American Indian Health Program (AIHP)
- Arizona Complete Health - Complete Care
- Banner University - All Plans
- Banner University Care Advantage (Medicare)
- Banner University Family Care
- BCBSAZ Health Choice - All Plans
- Magellan Complete Care
- Mercy Care - All Plans
- Molina Complete Care of Arizona
- RBHA - All Plans
- UHC Community Plan / AIPA
- UHC Dual Complete
- Wellcare



WORKERS' COMPENSATION

- All Workers' Compensation Plans
- Corvel

**Cash Pay Options Available*

**Payment Options Available*

INTEGRATED TREATMENT PLANS WILL INCLUDE ALL OR A COMBINATION OF PHYSICAL THERAPY, COUNSELING, AND/OR MEDICAL SUPPORT

CHRONIC PAIN	MENTAL HEALTH	SUBSTANCE USE	EXCLUSION CRITERIA
<p>Arthritis</p> <p>Nerve Pain</p> <p>Fibromyalgia</p> <p>Head, Neck, & Back</p> <p>Multiple Sclerosis</p> <p>Phantom Limb Pain</p> <p>Pre/Post-Surgical</p> <p>Rare Pain Conditions</p> <p>Musculoskeletal</p>	<p>Anxiety</p> <p>Depression</p> <p>Emotional Pain</p> <p>Stress</p> <p>PTSD</p> <p>Trauma</p> <p>Addictions</p> <p>Negative Life Events</p> <p>Adjustment Disorders</p>	<p>Addictions</p> <p>Alcohol</p> <p>Cannabis</p> <p>Fentanyl</p> <p>Heroin</p> <p>Opioids</p> <p>Stimulants</p> <p>Benzos</p> <p>Methamphetamine</p>	<p>Acute injury, open wound</p> <p>Unstable Psychiatric status</p> <p>Unstable Living Condition (homeless, etc.)</p> <p>Active alcohol withdrawal (Risk for seizure may require inpatient detox)</p> <p>Low cognitive functions</p>
<p>Physical Therapy, Yoga, Dry Needling, and more</p>	<p>Individual Counseling, Group Education Classes, EMDR, and more</p>	<p>Transition to Suboxone, Naltrexone, Vivitrol for Detox/Taper</p>	<p>Patient safety is our main concern!</p>