

Job Title: **Physical Therapist**

## **JOB SUMMARY**

The Physical Therapist plays a critical role in a patient's comprehensive recovery at Recovia. This position is responsible for helping patients achieve improved physical fitness, increased range of motion and increased overall function. The Physical Therapist will also assist the clinical team (consisting of a Medical Doctor, Clinical Psychologist and Nutritionist) in developing treatment strategies, identifying potential hurdles to recovery and promoting coordination of care. In addition, the Physical Therapist is responsible for tracking outcomes throughout each patient's program. This position requires initiative, flexibility of thought and compassion. The Physical Therapist will be responsible for accommodating each patient's physical needs differently within his or her scope of practice.

## **ESSENTIAL FUNCTIONS**

- Examines and evaluates patients who are medically complex and addicted to narcotic medication resulting from chronic pain or injury
- Provides skilled physical therapy services (both group and individual) to adult patients
- Completes all documentation to ensure the availability of accurate and up-to-date information in accordance with established standards
- Demonstrates competence in assessing, monitoring and instructing individuals based on day-to-day needs
- Adheres to established departmental safety requirements and procedures to ensure a safe working environment
- Attends all team and patient related meetings for coordination of care
- Attends marketing meetings and presentations as requested
- Presents lecture series to patients on various topics appropriate to the program (ie. Body Mechanics, How the Body Heals)
- Directs and conducts staffing with the patient and nurse case managers
- Maintains contact with referring physicians and patient family when appropriate
- Performs other related tasks and duties as assigned

## **SKILLS & QUALIFICATIONS**

- Strong communication skills to work effectively in a multidisciplinary team
- CPR qualified
- Clinical Doctorate in Physical Therapy required
- Experience working with patients who have chronic pain preferred
- Minimum 3 years clinical experience required
- Flexible, caring, possesses personal integrity, and able to work effectively with adult patients, personnel, and outside agencies

- Must be able to relate to and work with ill, disabled, elderly, emotionally upset people within the facility
- May be required to lift materials weighing up to 45 lbs.